

Canoe Trails Template

Please also submit any photos you have of the trail and clearly identify at what points along the trail these were taken. When the template has been completed please email to

tamsin.phipps@bcu.org.uk

Name of Author:					
Telephone Number:				Date trail was last paddled by you:	
Email Address:					
Route Summary					
<p><i>Please include a short summary of the trail, giving an overview of what the key highlights are for this trail. Please note this is not the main description of the route just a short description that will be used to sell the main benefits and points of interest to encourage someone to find out more about the trail. See further down the form for main route description section. (Maximum word count of 150)</i></p>					
Trail Details					
Waterways Travelled: <i>Names of river, lake, canals used</i>					
Please tick the relevant boxes					
River	<input type="checkbox"/>	Lake	<input type="checkbox"/>	Canal	<input type="checkbox"/>
Estuary	<input type="checkbox"/>	Coastal	<input type="checkbox"/>	Tidal	<input type="checkbox"/>
Please tick the relevant boxes					
Urban	<input type="checkbox"/>	Rural	<input type="checkbox"/>	Urban & Rural	<input type="checkbox"/>
Please tick the relevant boxes					
One Way Trail	<input type="checkbox"/>	Circular Trail	<input type="checkbox"/>	Out and Back Trail	<input type="checkbox"/>
Distance in Miles:		Any relevant information which relates to distance:			
Estimated Duration in Hours:		Number of portages:		Number of through passage Locks:	
Any additional relevant information which relates to portages or locks: <i>Please state if there are any locks which don't have through passage. State if portages are suitable for those with limited mobility.</i>					
OS Map: 1:50000 Landranger		Licence Information: <i>State what waterway licences are needed for the waterways travelled on this trail.</i>			

Start and Finish Information	
Start Car Park Address: <i>This is the car park address. If no car park please give nearest address of parking available including postcode.</i>	City: County: Postcode:
Start Information: Please include: - Details of parking available, any costs involved and directions of how to get there from major road networks. - Nearest Toilets and local facilities.	
Finish car park address: (if different from start) <i>This is the car park address. If no car park please give nearest address of parking available including postcode.</i>	City: County: Postcode:
Finish Information: Please include: - Details of parking available, any costs involved and directions of how to get there from major road networks. - Nearest Toilets and local facilities. -Public Transport information for shuttle options.	
Paddling the Trail	
Trail Route Description: This should be a maximum of 1250 words and is the main description of the trail. This is the basic directions of the trail. Points to cover: - Launch point: Details of where to launch and how to get here from car park. Direction to start travelling i.e. Upstream/downstream, Left or right, or main landmark to head for. - On route: Details of key navigational points/landmarks such as bridges, islands, points of interest, portage descriptions, locks, weirs, hazards, stop off/rest opportunities, picnic spots, eating establishments and any relevant information on route. - Finish/Get off point: Details of where the best place to get off the water if different from the start point and how to get to car park from here.	
Recommended Next Trail	This is an administration field

Useful Information	
Key Contacts: <i>State any Key contacts that might be useful. i.e. Harbour master</i>	
River Level Advice: <i>Please include any relevant information or website links to help with this</i>	
Useful information and website links: Include any information or relevant links to the area that could be useful and not already included in trail description, for example: - Accommodation information including campsites - Facilities in local area – ie picnic spots, cafe's, restaurants, toilets - Other visitor attractions and points of interest.	
<p>Safety Information- The following generic safety information will be included with every trail.</p> <p>Spending an afternoon canoeing can be a fun way to experience nature, get a great workout and spend time with friends and family. It can also be a dangerous journey, if appropriate safety guidelines are overlooked. Always follow these basic rules.</p> <p>Wear appropriate clothing Always wear shoes. Rocks, rough terrain and river beds present serious hazards to boaters without the proper attire. Nearly 90per cent of all boating injuries are attributed to lack of proper footwear. Other canoe safe clothing includes hats, additional dry clothing towels, and layered items which can easily be removed.</p> <p>Be sure to</p> <ul style="list-style-type: none"> - Know the weather forecast before you set out canoeing. - Familiarise yourself with the local area, it's sensitive places and protected areas. - Leave the environment as you found it. Please read You, Your Canoe and the environment - Take your litter home with you. - Follow the navigation rules for the waterway you are on. - Keep noise to a minimum. - Do not damage bank side vegetation when launching or landing. (No Seal Launching) - Where possible keep to any designated paths or launching points. - Canoe a safe distance away from wildlife. - Check your equipment. - Observe the navigation rules for this waterway. - Check to see if there are any events on the waterways when you wish to travel. <p>Use the checklist below to make sure you have everything you need.</p> <p>Checklist:</p> <ol style="list-style-type: none"> 1. Boat 2. Paddle 3. Buoyancy Aid 4. Bailer/sponge 5. Small First Aid Kit 6. Penknife 7. Mobile telephone (in a waterproof bag....Please note that in some areas due to the location mobile telephone reception might be non existent) 8. Fresh drinking water 9. Sun cream, hat and sunglasses 10. Light waterproof jacket 11. Footwear 12. Licence <p>ALWAYS be certain to let other know where you're going and when you're expected to return.</p>	

<p>Specific Safety Information: Please state if there is any additional specific safety information that needs to be included for this specific trail.</p>	
<p>Specific environmental Information: Please include whether the trail has any of the following:-</p> <p>Statutory Protected Sites SSSI – Site of Special Scientific Interest SAC – Special Areas of Conservation NNR - National Nature Reserves LNR – Local Nature Reserves MCZ – Marine Conservation Zones RAMSAR – European protection of Wetlands. SPA – Special Protection Areas</p>	<p>All our trails will include the following generic environmental information: - A link to the You, your canoe and environment and bio security information on our websites. Alongside the following text: <i>Please ensure you don't remove or damage any plants or animals from the waterway as they may be protected or harmful if transferred to other catchments.</i></p>